

University of Pretoria Yearbook 2022

Human motor skills development 116 (JMB 116)

Qualification	Undergraduate
Faculty	Faculty of Education
Module credits	8.00
NQF Level	05
Programmes	Higher Certificate in Sports Sciences
Prerequisites	No prerequisites.
Contact time	1 lecture per week, Online hybrid supported
Language of tuition	Module is presented in English
Department	Humanities Education
Period of presentation	Quarter 4

Module content

This module introduces the student to basic knowledge and understanding of motor development. Attention is also paid to the analysis of human motor growth and development in regular populations. Growth, maturation, physical activity and performance of children and adolescents as they progress from birth to young adulthood are included.

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